

# KIDS YOGA CERTIFICATION MINI-COURSE



## FACTS & QUESTIONS

### **How long is the mini-course?**

The course is 6 hours long spread over the course of three consecutive Monday evenings from 7pm-9pm.

### **Where is the course?**

The course is hosted on the 4th floor of The Laureate located on 76th street between Amsterdam and Broadway.

### **What should I expect to learn from the course?**

The certification is split into 3 days. The first day will familiarize you with teaching a mommy-and-me style yoga class for children ages 9 months to 3 years old. The second session focuses on teaching classes for slightly older children ages 4 years to 8 years and deals with yoga in the classroom for this age. The third and final session deals with teaching yoga to older children 8-12 years old. In this session we also review yoga test-taking techniques and teaching yoga to children with special needs.

### **Will I be certified to teach classes with Lil Yogi's NYC upon completion of the mini-course?**

You must observe two private Lil Yogi's NYC classes before you will be eligible to become an assistant instructor.

### **Will I be guaranteed a position with Lil Yogi's NYC after I finish the course and observing the classes?**

No. We must deem that you are reliable and a good fit for our company. This is upon our discretion though we are looking for as many instructors as possible beginning in the fall of 2014.

### **With this certification, will I be able to teach at another kids yoga studio?**

We are fine with that as long as it satisfies the other studio's teaching policy.

### **How much is tuition for the mini-course?**

Tuition is \$250.

### **Is there a payment plan offered for the course?**

Yes. You can opt to pay with a payment plan where you pay \$90 before the course begins and \$80 the next two consecutive months.

